

**National Suicide Prevention Lifeline: 1-800-273-TALK (8255)**

**Teen Lifeline: 602-248-TEEN (8336) or 1-800-248-TEEN**

**La Frontera Arizona/Empact- Suicide Prevention Center- *AHCCCS patients only*: 480-784-1514**

**SAMHSA’s** (Substance Abuse and Mental Health) **National helpline: 1-800-662-HELP (4357)**

**Adolescent Substance Abuse Program** (Mesa)**: 602-434-0249**

**The Pathway Program** (Drug and Alcoholic Rehabilitation in Tempe)**: 480-921-4050**

*\*\*Insurance information has been added for your convenience, however, that can change, and it is your responsibility to check with your insurance company for coverage. Omission of insurance= unknown.\*\**

**Preferred Psychiatrists**

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| **Name** | **Location** | **Phone** | **Fax** |
| **Phoenix Children’s Hospital** | 1919 E. Thomas RoadPhoenix, AZ 85016 | 602-933-0990 | 602-933-0401 |
| **Robert D. Schulte, MD** | 9590 E. Ironwood Square #20Scottsdale, AZ 85258 | 480-451-3454 | 480-451-3453 |
| **Mark Schwartz, MD** | 1490 S. Price Road #214Chandler, AZ 85286 | 480-899-4077 | 866-831-1158 |
| **Saba Mansoor, MD, PC** | 6909 E. Greenway Parkway Suite 240Scottsdale AZ 85254 | 480-609-0001 | 480-607-2790 |
| **Eric Benjamin, MD** *Benjamin Behavioral Health* | 5111 N. Scottsdale Road #157Scottsdale, AZ 85250 | 480-559-8050 | 480-947-3753 |
| **Randall Ricardi, DO** *AZ Family Counseling* | 10000 N. 31st Avenue #A-105Phoenix, AZ 85051 | 602-843-0000 | 602-997-1305 |
| **Christina Underwood, MD** *Foothills Psychiatry* *No AHCCCS* | 15215 S. 48th Street #152Phoenix, AZ 85044 | 480-704-8585 | 480-704-8668 |
| **Dr. Teejay Tripp** *Serenity Psychiatry* | 1501 N. Gilbert RoadGilbert, AZ 85234 | 480-630-4794 |  |
| **Tracey Oppenheim, MD** *Gender* | 2120 S. McClintock Dr, Suite 105Tempe, AZ  | 480-804-0326 |  |
| **Shayne Tomisato, MD** | 840 E. McKellips Road, Suite 110Mesa, AZ | 602-470-5520 |  |
| **Suzanne Don, MD** | 11260 N. Tatum Blvd, Suite 140Phoenix, AZ  | 602-996-5040 |  |
| **Jane Caplan, MD** | 11260 N. Tatum Blvd, Suite 100Phoenix, AZ  | 602-324-4622 |  |
| **Linda Kalivas, MD** | 7510 E. 1st StreetScottsdale, AZ | 480-429-8222 |  |
| **Patricia Tagle-Levy, MD** | 3666 N. Miller Road, Suite 113Scottsdale AZ | 480-481-0858 |  |
| **Saba Monsoor, MD** | 8800 E. Raintree Drive, Suite 130Scottsdale, AZ | 480-609-0001 |  |
| **Kenneth Zwier, MD** | 7510 E. 1st StreetScottsdale, AZ | 480-941-3832 |  |
| **Mary Nowlin, DO** | 10000 N. 31st Avenue, Ste A-105Phoenix, AZ | 602-843-0000 |  |
| **Marc Schwartz, DO** | 1490 S. Price Road, Ste 316Chandler, AZ 85286 | 480-899-4077 |  |

**Preferred Psychologists**

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| **Name** | **Location** | **Phone** | **Fax** |
| **Phoenix Children’s Hospital** | 1919 E. Thomas RoadPhoenix, AZ 85016 | 602-933-0414 | 602-933-0418 |
| **Michael Tansy, PhD** *Aetna, Arizona Foundation, BCBS,* *Cigna, United Behavioral Health, Value* *Options, more* | 4111 E. Valley Auto Drive, #201Mesa, AZ 85206 | 480-966-9337 | 480-704-5181 |
| **Becky Simonelic, PsyD** *Aetna, BCBS, Cigna* | 4425 E. Agave Rd, #116Phoenix, AZ 85044 | 480-540-2984 | 480-656-0011 |
| **Brigitte Gourley, PhD** | 2600 E. Southern Ave, Ste F1Tempe, AZ 85282 | 480-898-4200 |  |
| **John Hollebeck, PhD** | Tempe | 480-345-7755 |  |
| **Gina DeSimone, PsyD** *BCBS* | 7330 N. 16th StreetPhoenix, AZ 85020 | 602-795-1670 |  |
| **Tony Rusch, PhD, PC** *cash pay* | 3125 S. Price Rd, Ste 120Chandler, AZ 85248 | 602-492-3146 |  |
| **Libby Howell, EdD, LMFT** *most insurances* | 5410 S. Lakeshore Dr #103Tempe, AZ 85283 | 480-756-8686 |  |
| **Stephen Fox, PhD**  *accepts many insurances* | 40 W. Baseline Rd, Ste 204Tempe, AZ 85283 | 480-771-7063 |  |
| **Mary Oakley, PsyD** *Aetna, BCBS, MHN, Medicare, United* | 2600 E. Southern Avenue, Ste C3Tempe, AZ 85282 | 480-800-4459 |  |
| **Al Silberman, EdD** | 2600 E. Southern Avenue, C3Tempe, AZ 85282 | 480-839-6264 |  |

**Preferred Counseling/Therapy**

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| **Name** | **Location** | **Phone** | **Fax** |
| **Amy Epp, LCSW** | Phoenix, AZ  | 480-785-9717 |  |
| **Shiloh Lundahl, LCSW** *Arizona Family Therapy Group* *Spanish- speaking, cash pay* | 3048 E. Baseline Road, Ste 108Mesa, AZ 85204 | 602-492-5055 |  |
| **Genett Tomko, MSW, LCSW** *Children’s Integrated* *Therapeutic Services*  *play therapy* | 11011 S. 48th Street #200Phoenix, AZ 85044 | 480-650-0209 |  |
| **Megan Davis, LCSW**- *cash pay***Kathleen Todd, CSWT**- *cash pay* | 8727 S. Priest #101Tempe, AZ 85284 | 480-831-7342 |  |
| **Lori Haas, MSW, LCSW** *cash pay* | 4025 E. Chandler Blvd #70-E7Phoenix, AZ 85282 | 602-332-4360 |  |
| **Marcie Edmonds, MS, MC** *Change of Heart Counseling* *cash pay* | 15215 S. 48th Ste #116Phoenix, AZ 85044 | 602-460-8270 |  |
| **Debra Onsager, MA LPC**- *cash pay* |  | 480-753-0737 |  |
| **Tammy Ohm, MS, NCC, LPC** *Encourage Empowerment* *sexual abuse, trauma, cash pay* | 1819 S. Dobson Rd, Ste 107Mesa, AZ 85202 | 480-467-2470 |  |
| **Linda Wiskerchen, LCSW** *Solutions 4 Kids* *BCBS, Aetna, United* | 11011 S. 48th St, Ste 101Phoenix, AZ 85044 | 480-861-9624 |  |
| **Stephanie Withrow, LPC** *trauma, adoption, cash pay* | 8727 S. Priest Dr, Ste 101Tempe, AZ 85286a  | 480-223-8523 |  |
| **Marcia Silberman, MA** | 2600 E. Southern Avenue, C3Tempe, AZ 85282 | 480-839-6264 |  |
| **Jewish Family and Children Services** |  | 602-256-0528 |  |

**Weight Loss/Nutrition**

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| **Name** | **Location** | **Phone** | **Fax** |
| **Elizabeth Berry, MS, RDN** *Berry Nutrition* *BCBS, United, Aetna* |  | 480-725-8839 |  |
| **Robert Ziltzer, MD****Melody Rodarte, DO** *Scottsdale Weight Loss Center* | 600 S. Dobson #D33Chandler, AZ 85224 | 480-265-9099 |  |
| **Craig Primack, MD** | 9989 N. 95th StreetScottsdale, AZ 85258 | 480-366-4400 |  |

Autism Resources

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| **Name** | **Location** | **Phone** | **Fax** |
| **AZA United** | 5025 E. Washington St, #212Phoenix, AZ 85034 | 602-773-5773 |  |
| **South West Human Development** *Children’s Development Center* *Birth to Five Helpline* | 2850 N. 24th StreetPhoenix, AZ 85008 | 602-266-5976877-705-5437 |  |

*Last updated 7/16/2017*